

# Youth and Family Hubs

National Centre for Family Hubs

10<sup>th</sup> February 2022

## The plan

- 10.00 **Welcome**
- 10.05 **A youth perspective** Nasreen Siddique, Youth Participation Advisor
- 10.10 **Key messages** Liz Cracknell
- 10.20 **Thurston Family Project** Sarah Fullick, Youth Endowment Fund
- 10.30 **Case study from Westminster Family Hubs** Phil Barron, Young Westminster Foundation
- 10.45 **Policy review and case study** Kadra Abdinasir, Centre for Mental Health/ Children and Young People's Mental Health Coalition
- 10.55 **Case study from a YIACS centre** Kahra Wayland-Larty, Youth Access
- 11.10 **Q&A panel: all speakers**
- 11.30 **Close**

# Youth Module of the Family Hubs Toolkit

*key messages*

*Liz Cracknell, Joint  
Programme Lead, AMBIT*

## Key messages relate to:

Inclusion

Involvement

Inequalities

Integration

# Inclusion

**Include** provision for young people in your family hub design:

- Family Hubs should include provision specifically for young people
- Family Hubs services should be *accessible and appropriate* for young people, as well as for younger children and families
- Opportunities for prevention and early intervention
- Ages 10-19

# Involvement

**Involve** young people and youth services in the planning and implementation of Family Hub design

- Involve *local young people* in needs analysis, design and evaluation
- Youth work brings valuable expertise in co-production



# Inequalities

Address the impact of **inequalities** on young people and youth services

- The pandemic has widened the gap, with young people living in poverty and those with protected characteristics disproportionately affected
- The most deprived areas are often also the most deprived in terms of youth provision
- Inequalities in access to *early intervention* and *criminal justice* responses



# Integration

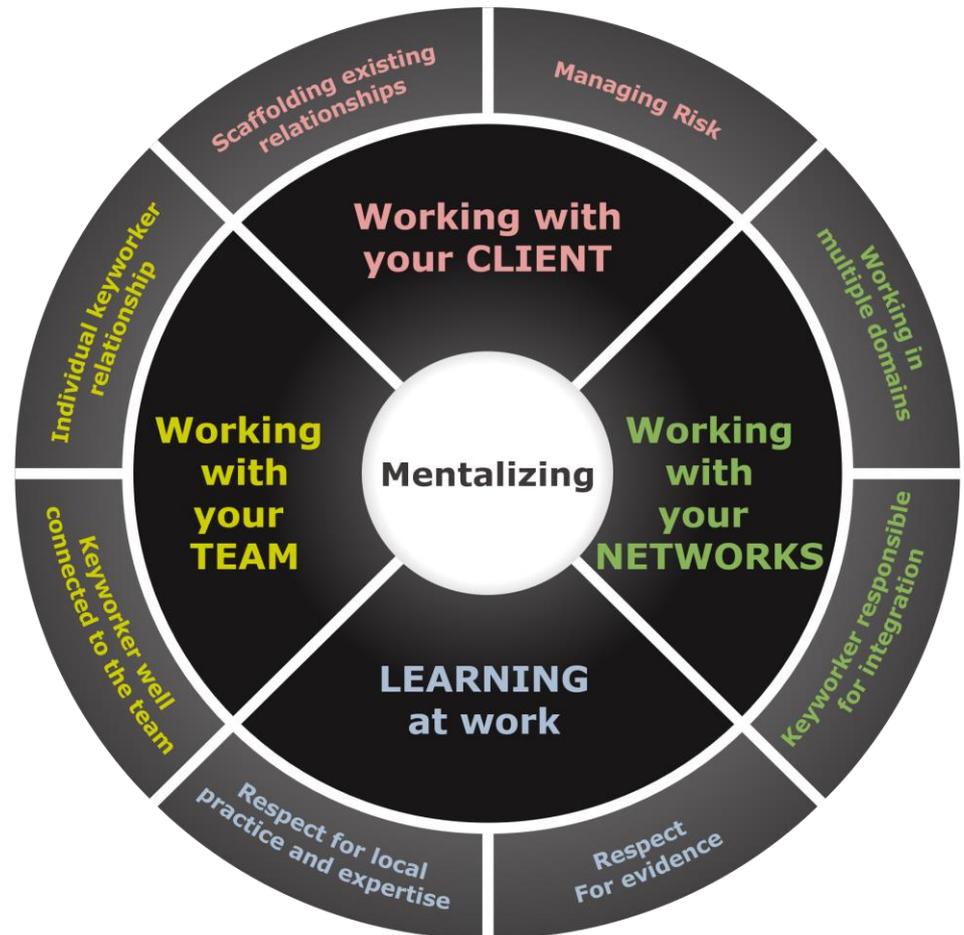
**Integrate** services to increase accessibility and improve outcomes

- Increase accessibility to services (for *all* young people) in order to intervene *early*
- Offer provision in the places where young people are, and where they feel safe

# Integration

## Some ideas from AMBIT

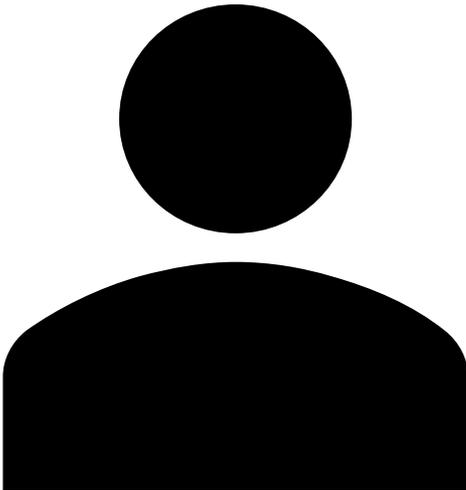
(Adaptive Mentalization Based Integrative Treatment)



# The integration continuum

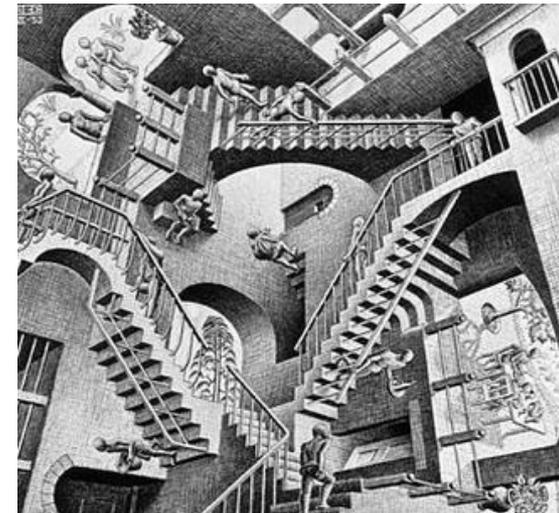
## Integration

A single service,  
a single door,  
a single worker, in a  
single place  
for the whole family



## Dis-integration

Loads of services,  
different doors,  
different workers for  
different things for  
different people



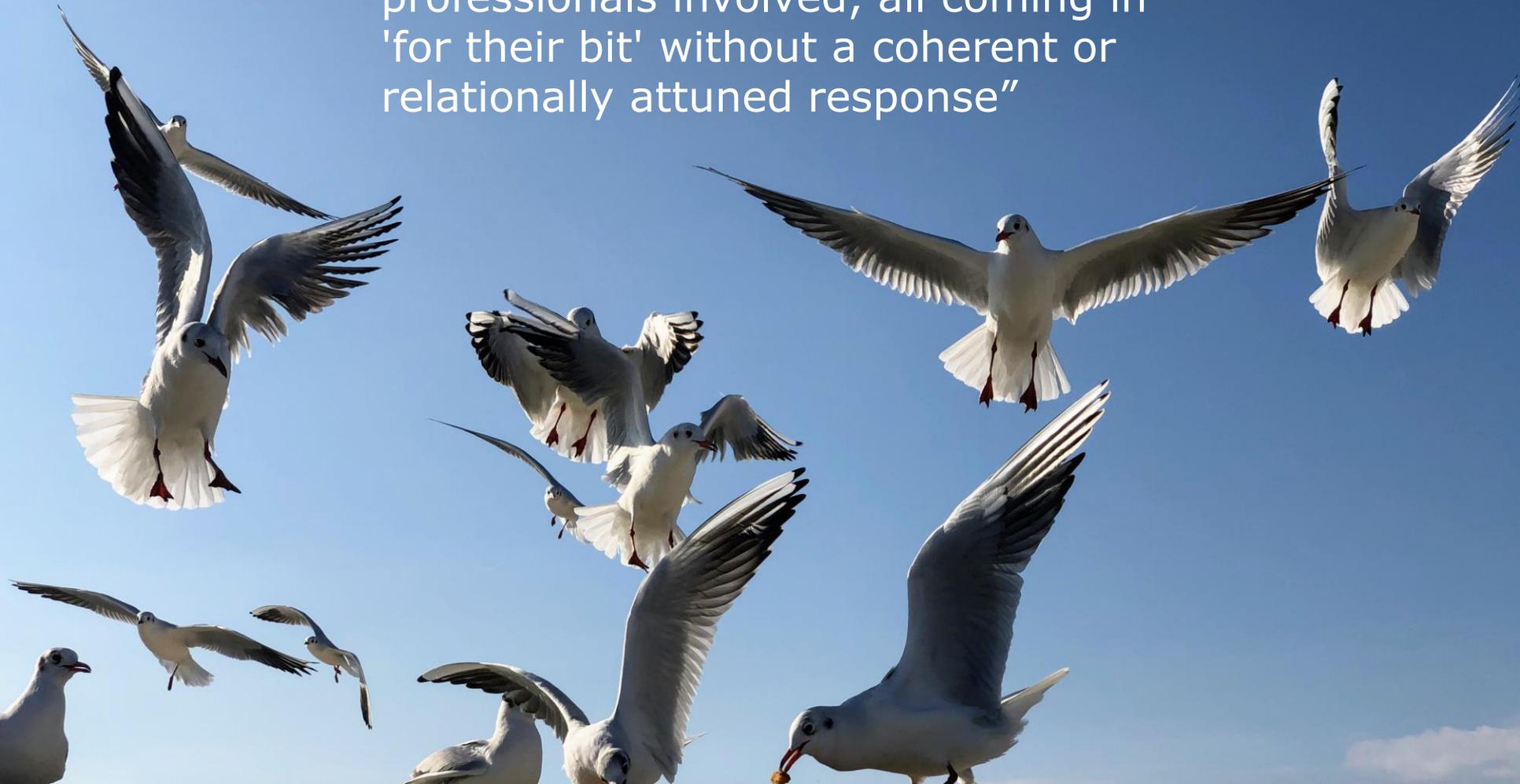


*Dis-integration:  
from the "seagull effect" to the "not for us"*



# THE SEAGULL EFFECT

“one young person/family with multiple professionals involved, all coming in 'for their bit' without a coherent or relationally attuned response”





*Particularly if:*  
Experiences of trauma,  
abuse, marginalisation



# “NOT FOR US.” (falling through the gaps)

**family support**



**This is a  
MENTAL  
HEALTH  
Issue!**

**CAMHS**



**They don't  
meet our  
threshold!**

# The problems of integration...

**You'll tell  
my dad  
everything**

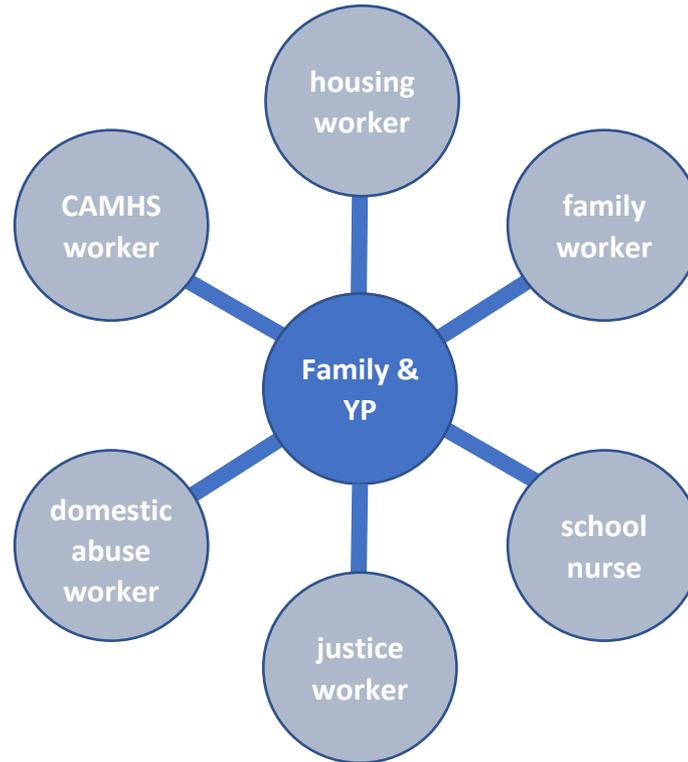
**I don't feel  
safe there.**

**They don't  
have the  
expertise  
we do**

**So you're  
basically a  
social  
worker?**

**We do  
DETACHED  
youth work...  
that's kind of  
the point!**

## From team around the young person...



## ... to team around the worker

